

# WELCOME TO YUC 2017!

We are excitedly anticipating the 2017 YUC season. Since 2000, YUC has grown from 4 teams with just over 100 players, to 35 teams with more than 500 players. As we look ahead to the 2017 season, we are enthusiastic about all the Ultimate opportunities for Cincinnati area youth.

DAY	DATE	TIMES	EVENT	LOCATION
Sat. & Sun.	2/18 – 2/19	9 p.m. – 6 a.m.	Lock-In Hat Tourney	Wall to Wall Sports
Sunday	3/12	TBA	YUC League Game	Various
Sunday	3/19		YUC League Game	
Sunday	3/26		YUC League Game	
Sunday	4/2		YUC League Game	
Sunday	4/9		YUC League Game	
Sunday	4/16	No games		
Sunday	4/23		YUC League Game	
Saturday	4/29	All day	State Qualifier Tourn.	TBD
Sunday	4/30		YUC League Game	
Saturday	5/6	9:00 – 5:00 p.m.	A Division Tournament	Francis RecreAcres
Sunday	5/7		B/ C Division YUC League Game	
Sat. & Sun.	5/13-14	All day	Ohio State Champ.	TBD
Sunday	5/14		B/C Division YUC League Game	
Saturday	5/20	9:00 – 5:00 p.m.	B/C Division Tournament	TBD
TBD	June-August	TBD	Youth Summer League	Francis RecreAcres
Sat/Sun/Mon	8/5-7		Youth Club Champ. (YCC)	Blaine, MN

It is CUPA's mission to provide players with as much opportunity as possible to play the sport that we all love. To make this happen, it takes an enormous amount of dedication and hard work of many people. CUPA is fortunate to have so many adult players that are willing to help organize and coach teams, leagues, and events. We appreciate all those who have committed to making this year's league, state event, and nationals' teams a reality.

Since Ultimate is a self-refereed and self-directed sport, throughout the year there will be many opportunities for players to help make this year a success. Their participation and support in the leagues, events, clinics, and competitive teams will help make this year's YUC the best ever!

Every team must have at least one adult coach. Adult coaches, assistant coaches, and any other adults working with youth during practices or games are required to be 21 or older. A list of requirements all coaches are expected to complete will be available on the <http://www.cincyultimate.org> website. Every coach must complete their requirements by February 15, 2017. If a team has a coach or assistant coach who has not completed their requirements, all of their games will be forfeited until the requirements are complete for every coach.

# League Rules At A Glance

This document lays out the basics about the league format and attempts to deal with other issues that may arise during the course of play. As with all such attempts to formalize a set of policies, exceptions will arise. In these instances, the respective coaches are expected to reach a compromise solution that maintains the proud tradition of “Spirit of the Game,” (as listed below) as well as the competitive level of the game. In the event of an impasse, the League Director will serve as binding arbitrator, with his/her decision being final.

## **League Directors**

The League Directors are responsible for organizing, preparing for, and running YUC to provide for highly competitive Ultimate and unquestioned Spirit of the Game. All decisions by the League Director(s) regarding eligibility, format, play and any other issue that may arise for which an agreement between the affected teams cannot be reached, are final.

## **Spirit of the Game**

“Ultimate relies upon a spirit of sportsmanship which places the responsibility for fair play on the player. Highly competitive play is encouraged, but never at the expense of mutual respect among players, adherence to the agreed upon rules of the game, or the basic joy of play. Protection of these vital elements serves to eliminate adverse conduct from the Ultimate field. Such actions as taunting of opposing players, dangerous aggression, belligerent intimidation, intentional fouling, or other "win-at-all-costs" behavior are contrary to the spirit of the game and must be avoided by all players.”

Teams are highly encouraged to provide creative ways to keep the level of Spirit high. Several traditions have developed through the years, including “Spirit Prizes,” creating a cheer for the opposing team, “Spirit Circles,” and other overt ways of demonstrating Spirit. Coaches are urged to discuss these options with their players, and come prepared every game to demonstrate and maintain a high level of Spirit.

## **Eligibility**

Minimum age: 13 by June 1, 2017 (Player must turn 13 on June 1 or before, otherwise they are not eligible to play in YUC 2017). Age 13-14 players are recommended only for C Division. Maximum age: 18 on June 1, 2017 (If a player turns 19 on June 1 or before, they are not eligible to play in YUC 2017)

It is not required that all the players on a particular team be enrolled at one particular school. However, players must meet the age requirements above, and cannot have appeared on the roster of any college team. In a continuing effort to grow the sport among Cincinnati youth, teams are encouraged to include players from neighboring schools who would not otherwise have the opportunity to play. These players need to be approved on a case-by-case basis by the League Directors. If a player attends a school that has a YUC team, they must participate with that team.

## **Forms**

Prior to beginning practices and/or league play, players must have all appropriate forms completed and fees paid. New in 2017, all waivers and medical releases must be completed online. All minors (less than age 18) must be listed under a parent’s account, and the parent

must sign the waiver and fill out the medical release for their children. Players over 18 can do this on their own. **We will not accept paper waivers.** However, it is still the coach's responsibility to have a copy (hard-copy or electronic) of the emergency medical form with them at every practice, game, and tournament.

The A Division is sanctioned with USAU. Each A Division team must have a roster submitted through the USAU rostering website. The coaches for the A Division teams are responsible for creating/updating the USAU roster for their A Division team.

### **League Fees**

The League Fees for 2017 are in the table below. Make checks payable to CUPA.

	<i>With YUC-supplied jersey</i>	<i>Without YUC-supplied jersey</i>
A Division, per player	\$70 (or \$35.50 if the player is paying for their USAU membership directly on the USAU website)	\$60 (or \$25.50 if the player is paying for their USAU membership directly on the USAU website)
B/C Divisions, per player	\$40	\$30

### **Gender**

The A Division gender ratio is 4/3. The coaches can agree that offense dictates (4/3 or 3/4). Teams that cannot field 3 women must play 4/2. Teams that cannot field 2 women must forfeit (official score on the website will be 1-0). In this scenario, the two teams are encouraged to mix the players and have a scrimmage, the result of which will not be recorded.

The B/C Division gender ratio is 5/2, though teams are encouraged to play 4/3 if they have enough women and if the coaches agree. The coaches can agree that offense dictates. Teams that cannot field 2 women must play 5/1. Teams that cannot field 1 woman must forfeit (official score on the website will be 1-0). In this scenario, the two teams are encouraged to mix the players together and have a scrimmage, the result of which will not be recorded.

### **Weather**

At the first sign of lightning, play is immediately suspended until further notification from the League Director.

### **Field Conditions**

Coaches and teams are responsible for ensuring that field hazards are recognized and marked accordingly. Both teams must be made aware of any potential field hazards. Furthermore, coaches and teams are under no circumstances allowed to play on grass fields that are too wet. If a League Director cancels the games for a particular location, no pick up games can be played at that location on that day.

### **Exceptions to USA Ultimate 11th Edition Rules**

No footblocks are allowed in YUC games.

### **Equipment**

Players should bring water to all practices and games

No playing without a shirt.

Bring a white shirt to all games, in case the colors of the two teams are too similar.

No metal cleats, under any circumstance.

No playing barefoot – closed toe shoes required.

No jewelry or watches.

### **Blood**

Play will stop whenever there is blood on the person or clothing of any player. The player will be given a reasonable amount of time to change clothing and/or stop the bleeding and then play will continue. If more time is needed, a replacement may be put in, but then that player must finish the point.

### **Zone**

A Division – Zone is allowed during any game during the season.

B Division – Zone is allowed during the third Sunday of the season, and in any game after that.

C Division – Zone is allowed only when agreed upon by both coaches prior to a game. Once a zone policy is in place before a game, it should not be altered, but a team that is playing a lot of zone and scoring a lot of points using it would not be considered a Spirited Team.

### **Player Conduct**

Taunting, foul language, intentional fouling, etc. are not permitted. It is the responsibility of the coach to instruct their players in the Spirit of the Game. Players who cannot or will not conform to this standard of play should be removed from the game by their coach. The League Director(s) reserve the right to remove any player from any team for gross conduct violations should the coach of that team not do so him/herself.

### *Etiquette – reference rule #XIX*

1. If an infraction is committed and not called, the player who committed the infraction should inform the infractioned player or team of the infraction.
2. It is the responsibility of all players to avoid any delay when starting, restarting, or continuing play.
3. Should a dispute or confusion arise on the field, it should be common practice to stop play. Play restarts with a check when the matter is resolved.
4. If a novice player commits an infraction out of sincere ignorance of rules, it is common practice to stop play and explain the infraction.
5. When a call is made, throwers must stop play by visibly or audibly communicating the stoppage as soon as they are aware of the call, and all players should echo calls on the field.
6. In addition to the assumption that players will not intentionally violate rules, players are similarly expected to make every effort to avoid violating them.

### **End of Season Tournament**

As the number of teams in YUC varies from year to year, the format of the end-of-season tournament will vary and is at the complete discretion of the League Directors. Winning point totals, soft cap, hard cap, time outs, etc. may differ from regular season games in order to complete the tournament in a timely fashion.